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SUBJECT: COUNTRY CLEARANCE GRANTED TO REESE AND DEPALMA FOR
TRAVEL TO ANTIGUA AND BARBUDA

¶1. Embassy Bridgetown welcomes and grants clearance to John Reese and Joseph Depalma to travel to Antigua and Barbuda from October 8-14, 2006, for the purpose of providing an international civil aviation national program development workshop.

¶2. Per reftel request, in order to make hotel reservations you may contact Trade Winds Hotel at 268/462-1223. If the Embassy's assistance is needed in making the reservations, a credit card will be required from the travelers to hold the reservation.

¶3. Embassy Bridgetown requests an outbrief be provided to the Political/Economic Section relating to activities while in the region within 10 working days of completion of travel. Please provide the outbrief by telephone, 246/436-4950 X2230, or by fax at 246/431-0384.

¶4. Entry requirements: Mission policy is that all USG travelers to the region be in possession of a valid passport. Visas are not required for short visits. There is a departure tax of 50 xcd (Eastern Caribbean) dollars or 19 U.S. dollars.

¶5. The exchange rate in Antigua and Barbuda is 2.70 xcd (Eastern Caribbean) dollars for one U.S. dollar. U.S. currency, traveler's checks, and credit cards are routinely and widely accepted.

¶6. The following is general information pertaining to security and health considerations throughout the Eastern Caribbean:

Security -----

In the Eastern Caribbean, foot travel outside of well-established tourist areas is not generally recommended, especially at night. Be vigilant when using public telephones or ATM machines near roadsides or quiet areas. As in many U.S. metropolitan areas, wearing expensive jewelry, carrying expensive objects, or carrying large amounts of cash should be avoided. Visitors should also safeguard valuables while at the beach. While hotels are generally safe, many visitors have experienced loss of unattended items. Hotel burglaries are not uncommon and all valuables should be locked in room safes if possible.

Health -----

Throughout the Eastern Caribbean, the most likely threat to a

visitor's health is sunburn. It takes several weeks to become accustomed to the heat and humidity. Prolonged exposure to the sun, without protection, causes sunburn and may ultimately result in sun-damaged skin or even skin cancer. Sunscreens should be used for protection. In Barbados, St. Lucia, and St. Vincent and the Grenadines the major health threat is dengue fever, transmitted by mosquito.

Dengue cases are most often seen in the summer months. Persons should therefore protect themselves with insect repellent. There is a growing number of HIV/AIDS cases reported. The Eastern Caribbean enjoys clean and safe drinking water. Only routine boosters for immunizations (i.e., tetanus, diphtheria, and oral polio vaccine) are required when traveling to this region. Barbados has the best medical facilities of all the islands in the region and most of the medical specialties have practitioners here.

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